

* Nutritional base values are calculated per 100g

Chips Small

Ingredients: Chips (Potato, Vegetable Oil, Modified Potato Starches (1412, 1400, 1414), Rice Flour, Potato Dextrin, Salt, Raising Agents (450, 500), Thickener (415), Maltodextrin), Salt Seasoned (Salt 74%, Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)

Contains: Natural Sulphites

May be present: Added Sulphites, Wheat

Description	Store Status	Available in Sele ct Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per S erving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per S erving	Sodium (mg)	Sodium (mg) Pe r Serving
Chips Small	Permanent	No	Yes	89	1,191	1063	3.4	3.1	13.2	11.8	1.8	1.6	38	33.9	0.2	0.2	548	489

Chips Medium

Ingredients: Chips (Potato, Vegetable Oil, Modified Potato Starches (1412, 1400, 1414), Rice Flour, Potato Dextrin, Salt, Raising Agents (450, 500), Thickener (415), Maltodextrin), Salt Seasoned (Salt 74%, Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)

Contains: Natural Sulphites

May be present: Added Sulphites, Wheat

Description	Store Status	Available in Sele ct Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per S erving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per S erving	Sodium (mg)	Sodium (mg) Pe r Serving
Chips Medium	Permanent	No	Yes	108	1,191	1289	3.4	3.8	13.2	14.3	1.8	2	38	41.1	0.2	0.3	548	593

Chips Large

Ingredients: Chips (Potato, Vegetable Oil, Modified Potato Starches (1412, 1400, 1414), Rice Flour, Potato Dextrin, Salt, Raising Agents (450, 500), Thickener (415), Maltodextrin), Salt Seasoned (Salt 74%, Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)

Contains: Natural Sulphites

May be present: Added Sulphites, Wheat

Description	Store Status	Available in Sele ct Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per S erving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per S erving	Sodium (mg)	Sodium (mg) Pe r Serving
Chips Large	Permanent	No	Yes	155	1,191	1843	3.4	5.4	13.2	20.4	1.8	2.8	38	58.8	0.2	0.4	548	848

Nugget 3 Pack

Ingredients: Chicken Nugget (Chicken (55%), Flour (**Wheat**, Maize, Rice), Water, Vegetable Oil, **Wheat** Starch, **Wheat** Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Yeast, Yeast Extract, Spice Extract.)

Contains: Wheat (Gluten)

May be present: Added Sulphites, Eggs, Milk, Soy

Description	Store Status	Available in Sele ct Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per S erving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per S erving	Sodium (mg)	Sodium (mg) Pe r Serving
Nugget 3 Pack	LTO	No	Yes	51	1,070	546	14.5	7.4	12.4	6.4	1.8	1	20.8	10.7	1	0.6	449	229

Nugget 6 Pack

Ingredients: Chicken Nugget (Chicken (55%), Flour (**Wheat**, Maize, Rice), Water, Vegetable Oil, **Wheat** Starch, **Wheat** Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Yeast, Yeast Extract, Spice Extract.)

Contains: Wheat (Gluten)

May be present: Added Sulphites, Eggs, Milk, Soy

Description	Store Status	Available in Sele ct Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per S erving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per S erving	Sodium (mg)	Sodium (mg) Pe r Serving
Nugget 6 Pack	LTO	No	Yes	102	1,070	1092	14.5	14.8	12.4	12.7	1.8	1.9	20.8	21.3	1	1.1	449	458

Nugget 12 Pack

Ingredients: Chicken Nugget (Chicken (55%), Flour (**Wheat**, Maize, Rice), Water, Vegetable Oil, **Wheat** Starch, **Wheat** Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Yeast, Yeast Extract, Spice Extract)

May be present: Added Sulphites, Eggs, Milk, Soy

Description	Store Status	Available in Sele ct Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per S erving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per S erving	Sodium (mg)	Sodium (mg) Pe r Serving
Nugget 12 Pack	LTO	No	Yes	204	1,070	2183	14.5	29.6	12.4	25.3	1.8	3.7	20.8	42.5	1	2.1	449	916

Onion Rings Medium

Ingredients: Onion Ring (Onion (50%), Water, **Wheat** Flour, **Soybean** Oil, Rice Flour, Thickener (1404, 1420, 415), Starch, Sugar, Onion Powder, Salt, Mineral Salt (450i, 500ii), Vegetable Oil, Whey Powder, **Wheat** Gluten, **Soybean** Flour, Yeast Extract, Corn Flour, Flavour, Brown Sugar.)

Contains: Wheat (Gluten), Milk, Soy

Description	Store Status	Available in Sele ct Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per S erving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per S erving	Sodium (mg)	Sodium (mg) Pe r Serving
Onion Rings Medium	LTO	No	Yes	77	1,557	1196	3.3	2.6	26.5	20.4	2.2	1.8	30.6	23.6	4.7	3.7	436	336

Onion Rings Large

Ingredients: Onion Ring (Onion (50%), Water, **Wheat** Flour, **Soybean** Oil, Rice Flour, Thickener (1404, 1420, 415), Starch, Sugar, Onion Powder, Salt, Mineral Salt (450i, 500ii), Vegetable Oil, Whey Powder, **Wheat** Gluten, **Soybean** Flour, Yeast Extract, Corn Flour, Flavour, Brown Sugar.)

Contains: **Wheat** (Gluten), **Milk**, **Soy**

Description	Store Status	Available in Sele ct Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per S erving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per S erving	Sodium (mg)	Sodium (mg) Pe r Serving
Onion Rings Large	LTO	No	Yes	115	1,557	1794	3.3	3.9	26.5	30.6	2.2	2.6	30.6	35.3	4.7	5.5	436	503

Nugget Carry Cup

Ingredients: Chips (Potato, Vegetable Oil, Modified Potato Starches (1412, 1400, 1414), Rice Flour, Potato Dextrin, Salt, Raising Agents (450, 500), Thickener (415), Maltodextrin), Chicken Nugget (Chicken (55%), Flour (**Wheat**, Maize, Rice), Water, Vegetable Oil, **Wheat** Starch, **Wheat** Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Yeast, Yeast Extract, Spice Extract)

Contains: **Wheat**

May be present: **Added Sulphites**, **Eggs**, **Milk**, **Soy**

Description	Store Status	Available in Sele ct Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per S erving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per S erving	Sodium (mg)	Sodium (mg) Pe r Serving
Nugget Carry Cup	LTO	No	Yes	159	1,158	1842	7	11.1	13	20.7	1.8	2.9	32.6	51.9	0.5	0.8	298	475

Nugget Snack Box

Ingredients: Chips (Potato, Vegetable Oil, Modified Potato Starches (1412, 1400, 1414), Rice Flour, Potato Dextrin, Salt, Raising Agents (450, 500), Thickener (415), Maltodextrin), Chicken Nugget (Chicken (55%), Flour (**Wheat**, Maize, Rice), Water, Vegetable Oil, **Wheat** Starch, **Wheat** Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Yeast, Yeast Extract, Spice Extract)

Contains: **Wheat**

May be present: **Added Sulphites**, **Eggs**, **Milk**, **Soy**

Description	Store Status	Available in Sele ct Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per S erving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per S erving	Sodium (mg)	Sodium (mg) Pe r Serving
Nugget Snack Box	LTO	No	Yes	210	1,137	2388	8.8	18.5	12.9	27.1	1.8	3.8	29.7	62.5	0.6	1.3	335	704

Nugget Snack Box x 10

Ingredients: Chicken Nugget (Chicken (55%), Flour (**Wheat**, Maize, Rice), Water, Vegetable Oil, **Wheat** Starch, **Wheat** Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Yeast, Yeast Extract, Spice Extract), Sauce Spicy Tub (Vegetable Oil (Vegetable Oil, Antioxidant [307]), Water, **Egg** Yolk (55%), White Vinegar, Sugar, Salt, Thickeners (1442, 1450, 415), Yeast, Chilli Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385))

Contains: **Wheat**, **Eggs**

May be present: **Added Sulphites**, **Fish**, **Milk**, **Sesame**, **Soy**

Description	Store Status	Available in Sele ct Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per S erving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per S erving	Sodium (mg)	Sodium (mg) Pe r Serving
Nugget Snack Box x 10	LTO	No	Yes	195	1,206	2352	12.9	25.1	17.7	34.6	2.1	4.2	18.8	36.8	1.3	2.6	538	1049

Chicken Tender Strips 3 x pack

Ingredients: Chicken Tenders Southern Style (Chicken (60%), **Wheat** Flour, Water, Vegetable Oil, Mineral Salts (508, 451, 452, 450, 500), Salt, Starch (Potato, Tapioca), Spices, Vegetable Gum (415), Herbs, Dehydrated Vegetables (Onion, Garlic), Flavour, Yeast Extract, Yeast, Sugar, **Wheat** Gluten), Sauce Spicy Tub (Vegetable Oil (Vegetable Oil, Antioxidant [307]), Water, **Egg** Yolk (55%), White Vinegar, Sugar, Salt, Thickeners (1442, 1450, 415), Yeast, Chilli Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385))

Contains: **Wheat** (Gluten), **Eggs**

May be present: **Milk**, **Soy**, **Fish**, **Sesame**, **Added Sulphites**

Description	Store Status	Available in Sele ct Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per S erving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per S erving	Sodium (mg)	Sodium (mg) Pe r Serving
Chicken Tender Strips 3 x pack	Permanent	Yes	Yes	175	1,367	2393	13.5	23.7	22.3	39	1.8	3.3	18.1	31.7	0.8	1.5	1,037	1816

Chicken Tender Strips 5 x pack

Ingredients: Chicken Tenders Southern Style (Chicken (60%), **Wheat** Flour, Water, Vegetable Oil, Mineral Salts (508, 451, 452, 450, 500), Salt, Starch (Potato, Tapioca), Spices, Vegetable Gum (415), Herbs, Dehydrated Vegetables (Onion, Garlic), Flavour, Yeast Extract, Yeast, Sugar, **Wheat** Gluten), Sauce Spicy Tub (Vegetable Oil (Vegetable Oil, Antioxidant [307]), Water, **Egg** Yolk (55%), White Vinegar, Sugar, Salt, Thickeners (1442, 1450, 415), Yeast, Chilli Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385))

Contains: **Wheat** (Gluten), **Eggs**

May be present: **Milk**, **Soy**, **Fish**, **Sesame**, **Added Sulphites**

Description	Store Status	Available in Sele ct Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per S erving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per S erving	Sodium (mg)	Sodium (mg) Pe r Serving
Chicken Tender Strips 5 x pack	Permanent	Yes	Yes	275	1,321	3633	14.2	39.2	20.4	56	1.7	4.7	18.9	51.9	0.7	1.9	1,031	2835

JFC Tender Snack Wrap Peppercorn

Ingredients: Chicken Tenders Southern Style (Chicken (60%), **Wheat** Flour, Water, Vegetable Oil, Mineral Salts (508, 451, 452, 450, 500), Salt, Starch (Potato, Tapioca), Spices, Vegetable Gum (415), Herbs, Dehydrated Vegetables (Onion, Garlic), Flavour, Yeast Extract, Yeast, Sugar, **Wheat** Gluten), Tortilla Flour 5" (**Wheat** Flour [(64%), Thiamine, Folic Acid], Water, Vegetable Shortening [Antioxidant (307b)], Sugar, Mineral Salts (500, 450, 341), Acidity Regulator (297), Iodised Salt, Preservative (282), Yeast), Lettuce (Iceberg Lettuce), Sauce Cracked Pepper Mayonnaise (Vegetable Oil [Includes Antioxidant (307)], Water, Vinegar, **Egg** Yolk (3.6%), Sugar, **Milk** Solids, Cracked Black Peppercom (2.0%), Salt, Thickeners (1442, 1450, 415), Vegetable Powders, Flavour, Spice, Food Acid (270), Spice Extract, Preservative (202), Antioxidant (385))

Contains: **Wheat** (Gluten), **Eggs**, **Milk**

May be present: **Soy**, **Fish**, **Sesame**, **Added Sulphites**

Description	Store Status	Available in Sele ct Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per S erving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per S erving	Sodium (mg)	Sodium (mg) Pe r Serving
JFC Tender Snack Wrap Peppercorn	LTO	Yes	Yes	95	1,207	1147	10.3	9.9	17.3	16.5	2.3	2.3	22.6	21.5	1.6	1.6	753	715

JFC Tender Snack Wrap Smoky BBQ

Ingredients: Chicken Tenders Southern Style (Chicken (60%), **Wheat** Flour, Water, Vegetable Oil, Mineral Salts (508, 451, 452, 450, 500), Salt, Starch (Potato, Tapioca), Spices, Vegetable Gum (415), Herbs, Dehydrated Vegetables (Onion, Garlic), Flavour, Yeast Extract, Yeast, Sugar, **Wheat** Gluten), Tortilla Flour 5" (**Wheat** Flour [(64%), Thiamine, Folic Acid], Water, Vegetable Shortening [Antioxidant (307b)], Sugar, Mineral Salts (500, 450, 341), Acidity Regulator (297), Iodised Salt, Preservative (282), Yeast), Lettuce (Iceberg Lettuce), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice)

Contains: **Wheat** (Gluten)

May be present: **Eggs, Milk, Soy, Added Sulphites**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
JFC Tender Snack Wrap Smoky BBQ	LTO	Yes	Yes	95	1,037	986	10.3	9.8	11.3	10.8	1.9	1.9	25.8	24.6	4.1	3.9	750	713

JFC Tender Snack Wrap Spicy

Ingredients: Chicken Tenders Southern Style (Chicken (60%), **Wheat** Flour, Water, Vegetable Oil, Mineral Salts (508, 451, 452, 450, 500), Salt, Starch (Potato, Tapioca), Spices, Vegetable Gum (415), Herbs, Dehydrated Vegetables (Onion, Garlic), Flavour, Yeast Extract, Yeast, Sugar, **Wheat** Gluten), Tortilla Flour 5" (**Wheat** Flour [(64%), Thiamine, Folic Acid], Water, Vegetable Shortening [Antioxidant (307b)], Sugar, Mineral Salts (500, 450, 341), Acidity Regulator (297), Iodised Salt, Preservative (282), Yeast), Lettuce (Iceberg Lettuce), Sauce Signature Extra Spicy (Vegetable Oil, Water, Gherkin Puree (Gherkin, Food Acid [260]), Vinegar, Reconstituted Lemon Juice, Sugar, Chilli (Food Acid [260]), Thickeners (1442, 415), Salt, **Egg** Yolk Powder, **Mustard** Flour, Spices, Colour (160c), Preservatives (202, 211, 234), Acidity Regulator (330), Natural Flavours)

Contains: **Wheat** (Gluten), **Eggs, Mustard**

May be present: **Milk, Soy, Added Sulphites**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
JFC Tender Snack Wrap Spicy	LTO	Yes	Yes	95	1,148	1091	10.3	9.8	15.7	14.9	2.1	2.1	22.7	21.6	1.8	1.7	781	743

Loaded Cheesy Chips

Ingredients: Sauce Cheese (Water, Cheese (38%) (**Milk**, Salt, Starter Culture, Enzyme), Whey Protein Concentrate, Mineral Salts (452, 339), Thickener (1442), Buttermilk Powder, Xanthan Gum, Iodised Salt, Preservatives (234, 202), Citric Acid, Natural Colour (160a), Butyric Acid), Chips (Potato, Vegetable Oil, Modified Potato Starches (1412, 1400, 1414), Rice Flour, Potato Dextrin, Salt, Raising Agents (450, 500), Thickener (415), Maltodextrin), Salt Seasoned (Salt 74%, Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)

Contains: **Milk, Natural Sulphites**

May be present: **Wheat, Added Sulphites**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Loaded Cheesy Chips	LTO	Yes	Yes	245	1,025	2513	6.2	15.3	13.5	33.1	4.3	10.6	25	61.2	0.2	0.5	648	1588

Jack's Fried Chicken Spicy Ribs 3 x pack

Ingredients: Chicken Rib Spicy (Chicken (58%), **Wheat** Flour, Water, Vegetable Oil, Starch (**Wheat**, Maize, Tapioca), Thickeners (1420, 461), Salt, Mineral Salts (450, 500, 451), Spices, **Wheat Gluten**, Vegetable Powders, Yeast, Yeast Extract, Food Acid (296), Flavourings, Spice Extracts)

Contains: **Wheat** (Gluten)

May be present: **Gluten**(Barley), **Eggs, Milk, Soy, Added Sulphites**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Fried Chicken Spicy Ribs 3 x pack	Trial	Yes	Yes	171	1,160	1984	15.4	26.4	15.9	27.2	2.1	3.6	18.1	31	0.2	0.4	573	980

Jack's Fried Chicken Spicy Ribs 5 x pack

Ingredients: Chicken Rib Spicy (Chicken (58%), **Wheat** Flour, Water, Vegetable Oil, Starch (**Wheat**, Maize, Tapioca), Thickeners (1420, 461), Salt, Mineral Salts (450, 500, 451), Spices, **Wheat Gluten**, Vegetable Powders, Yeast, Yeast Extract, Food Acid (296), Flavourings, Spice Extracts)

Contains: **Wheat** (Gluten)

May be present: **Gluten**(Barley), **Eggs, Milk, Soy, Added Sulphites**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Fried Chicken Spicy Ribs 5 x pack	Trial	Yes	Yes	285	1,160	3307	15.4	43.9	15.9	45.4	2.1	6	18.1	51.6	0.2	0.6	573	1634

JFC Saucy Tender Korean BBQ 3 x Pack

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
JFC Saucy Tender Korean BBQ 3 x Pack	Trial	Yes	Yes	210	1,080	2268	11.5	24.2	12.5	26.2	1	2.2	24.5	51.5	8.9	18.8	1,071	2249

JFC Saucy Tender Korean BBQ 5 x Pack

Ingredients: Chicken Tenders Southern Style (Chicken (60%), **Wheat** Flour, Water, Vegetable Oil, Mineral Salts (508, 451, 452, 450, 500), Salt, Starch (Potato, Tapioca), Spices, Vegetable Gum (415), Herbs, Dehydrated Vegetables (Onion, Garlic), Flavour, Yeast Extract, Yeast, Sugar, **Wheat Gluten**), Sauce Korean BBQ (Water, Sugar, **Soy** Sauce (Water, **Soybeans**, **Wheat**, Salt), Fruit, Vinegar, Golden Syrup (Sugar, Water), Thickeners (1422, 415), **Sesame** Oil, Natural Colour (150a), Salt, Vegetables, Hydrolysed Vegetable Protein, Food Acid (330), Preservatives (202, 211), Spice, Natural Flavour)

Contains: **Wheat** (Gluten), **Soy, Sesame**

May be present: **Gluten**(Barley), **Eggs, Milk, Added Sulphites**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
JFC Saucy Tender Korean BBQ 5 x Pack	Trial	Yes	Yes	350	1,080	3780	11.5	40.3	12.5	43.6	1	3.6	24.5	85.7	8.9	31.3	1,071	3748

JFC Saucy Tender Lemon Pepper 3 x Pack

Ingredients: Chicken Tenders Southern Style (Chicken (60%), **Wheat** Flour, Water, Vegetable Oil, Mineral Salts (508, 451, 452, 450, 500), Salt, Starch (Potato, Tapioca), Spices, Vegetable Gum (415), Herbs, Dehydrated Vegetables (Onion, Garlic), Flavour, Yeast Extract, Yeast, Sugar, **Wheat Gluten**), Sauce Lemon Pepper (Water, Glucose Syrup [Glucose, Preservative (223) (**Sulphites**)], Vinegar, Ginger Lemon Paste, Basil Puree (2.4%), Sugar, Thickeners (1422, 415), Salt, Spices & Herbs [Includes Pepper (0.6%), Herbs (0.04%)], Fruit Juice Concentrates [Includes Lemon (0.3%)], Lemon Juice Powder (0.3%), Yeast Extract, Preservatives (202, 211), Natural Flavour, Herb Extract, Natural Colour (100), Vegetable)

Contains: **Wheat (Gluten), Added Sulphites**

May be present: **Gluten(Barley), Eggs, Milk, Soy**

Description	Store Status	Available in Sele ct Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per S erving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per S erving	Sodium (mg)	Sodium (mg) Pe r Serving
JFC Saucy Tender Lemon Pepper 3 x Pack	Trial	Yes	Yes	210	1,057	2221	11.2	23.7	12.3	25.8	1	2.1	24	50.4	3.3	6.9	967	2031

JFC Saucy Tender Lemon Pepper 5 x Pack

Ingredients: Chicken Tenders Southern Style (Chicken (60%), **Wheat** Flour, Water, Vegetable Oil, Mineral Salts (508, 451, 452, 450, 500), Salt, Starch (Potato, Tapioca), Spices, Vegetable Gum (415), Herbs, Dehydrated Vegetables (Onion, Garlic), Flavour, Yeast Extract, Yeast, Sugar, **Wheat Gluten**), Sauce Lemon Pepper (Water, Glucose Syrup [Glucose, Preservative (223) (**Sulphites**)], Vinegar, Ginger Lemon Paste, Basil Puree (2.4%), Sugar, Thickeners (1422, 415), Salt, Spices & Herbs [Includes Pepper (0.6%), Herbs (0.04%)], Fruit Juice Concentrates [Includes Lemon (0.3%)], Lemon Juice Powder (0.3%), Yeast Extract, Preservatives (202, 211), Natural Flavour, Herb Extract, Natural Colour (100), Vegetable)

Contains: **Wheat (Gluten), Added Sulphites**

May be present: **Gluten(Barley), Eggs, Milk, Soy**

Description	Store Status	Available in Sele ct Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per S erving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per S erving	Sodium (mg)	Sodium (mg) Pe r Serving
JFC Saucy Tender Lemon Pepper 5 x Pack	Trial	Yes	Yes	350	1,057	3702	11.2	39.4	12.3	42.9	1	3.5	24	83.9	3.3	11.6	967	3386

JFC Saucy Tender Mango Habanero 3 x Pack

Ingredients: Chicken Tenders Southern Style (Chicken (60%), **Wheat** Flour, Water, Vegetable Oil, Mineral Salts (508, 451, 452, 450, 500), Salt, Starch (Potato, Tapioca), Spices, Vegetable Gum (415), Herbs, Dehydrated Vegetables (Onion, Garlic), Flavour, Yeast Extract, Yeast, Sugar, **Wheat Gluten**), Sauce Mango Habanero (Water, Vegetable Oil, Sugar, Red Habanero Chilli Puree (6%) [Red Habanero Chilli, Food Acid (260)], Vinegar, Thickeners (1442, 415), Mango Puree (2%), Fructose, Food Acid (330), Vegetable, Natural Colours (100, 160c), Preservatives (202, 211), Spices, Natural Flavour, Antioxidant (385))

Contains: **Wheat (Gluten)**

May be present: **Gluten(Barley), Eggs, Milk, Soy, Added Sulphites**

Description	Store Status	Available in Sele ct Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per S erving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per S erving	Sodium (mg)	Sodium (mg) Pe r Serving
JFC Saucy Tender Mango Habanero 3 x Pack	Trial	Yes	Yes	210	1,334	2802	11.1	23.4	20.7	43.6	1.7	3.6	21.8	45.8	6.7	14.1	733	1540

JFC Saucy Tender Mango Habanero 5 x Pack

Ingredients: Chicken Tenders Southern Style (Chicken (60%), **Wheat** Flour, Water, Vegetable Oil, Mineral Salts (508, 451, 452, 450, 500), Salt, Starch (Potato, Tapioca), Spices, Vegetable Gum (415), Herbs, Dehydrated Vegetables (Onion, Garlic), Flavour, Yeast Extract, Yeast, Sugar, **Wheat Gluten**), Sauce Mango Habanero (Water, Vegetable Oil, Sugar, Red Habanero Chilli Puree (6%) [Red Habanero Chilli, Food Acid (260)], Vinegar, Thickeners (1442, 415), Mango Puree (2%), Fructose, Food Acid (330), Vegetable, Natural Colours (100, 160c), Preservatives (202, 211), Spices, Natural Flavour, Antioxidant (385))

Contains: **Wheat (Gluten)**

May be present: **Gluten(Barley), Eggs, Milk, Soy, Added Sulphites**

Description	Store Status	Available in Sele ct Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per S erving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per S erving	Sodium (mg)	Sodium (mg) Pe r Serving
JFC Saucy Tender Mango Habanero 5 x Pack	Trial	Yes	Yes	350	1,334	4671	11.1	39	20.7	72.7	1.7	5.9	21.8	76.2	6.7	23.6	733	2566

Loaded Cheesy BBQ Chips

Ingredients: Sauce Cheese (Water, Cheese (38%) (**Milk**, Salt, Starter Culture, Enzyme), Whey Protein Concentrate, Mineral Salts (452, 339), Thickener (1442), Buttermilk Powder, Xanthan Gum, Iodised Salt, Preservatives (234, 202), Citric Acid, Natural Colour (160a), Butyric Acid), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice.), Chips (Potato, Vegetable Oil, Modified Potato Starches (1412, 1400, 1414), Rice Flour, Potato Dextrin, Salt, Raising Agents (450, 500), Thickener (415), Maltodextrin), Salt Seasoned (Salt 74%, Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)

Contains: **Milk, Natural Sulphites**

May be present: **Wheat, Added Sulphites**

Description	Store Status	Available in Sele ct Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per S erving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per S erving	Sodium (mg)	Sodium (mg) Pe r Serving
Loaded Cheesy BBQ Chips	LTO	Yes	Yes	266	998	2655	5.8	15.5	12.5	33.3	4.1	10.9	26	69.1	2.4	6.5	662	1761

Cheesy Cheese Sauce Portion

Ingredients: Sauce Cheese (Water, Cheese (38%) (**Milk**, Salt, Starter Culture, Enzyme), Whey Protein Concentrate, Mineral Salts (452, 339), Thickener (1442), Buttermilk Powder, Xanthan Gum, Iodised Salt, Preservatives (234, 202), Citric Acid, Natural Colour (160a), Butyric Acid)

Contains: **Milk**

May be present: **Wheat**

Description	Store Status	Available in Sele ct Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per S erving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per S erving	Sodium (mg)	Sodium (mg) Pe r Serving
Cheesy Cheese Sauce Portion	LTO	Yes	Yes	30	740	222	11	3.3	14.1	4.3	8.7	2.7	2.5	0.8	0.1	0.1	821	247