

* Nutritional base values are calculated per 100g

Turkish Bread Bacon Egg Double

Ingredients: Turkish Roll (Water, **Wheat** Flour [contains Vitamin B (Thiamin) and Folic Acid], Iodised Salt, Baco (Vegetable Oil and Fats contains 471, 476), Soft Improver (contains 481), Sugar, Yeast, **Sesame** Seeds (White and Black), Nigella Seeds), Bacon (Pork, Water, Cure (Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)), Wood Smoke), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice), Butter Clarified (**Milk** Fat), **Eggs** (**Egg**))

Contains: Wheat, Eggs, Milk, Sesame, Soy

Description	Store Status	Available in Sele ct Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per S erving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per S erving	Sodium (mg)	Sodium (mg) Pe r Serving
Turkish Bread Bacon Egg Double	Permanent	No	No	210	929	1947	44.2	92.8	11.2	23.6	5.7	11.9	17.6	37	2.5	5.4	597	1252

Turkish Bread Bacon Egg

Ingredients: Turkish Roll (Water, **Wheat** Flour [contains Vitamin B (Thiamin) and Folic Acid], Iodised Salt, Baco (Vegetable Oil and Fats contains 471, 476), Soft Improver (contains 481), Sugar, Yeast, **Sesame** Seeds (White and Black), Nigella Seeds), Bacon (Pork, Water, Cure (Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)), Wood Smoke), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice), Butter Clarified (**Milk** Fat), **Eggs** (**Egg**))

Contains: Wheat, Eggs, Milk, Sesame, Soy

Description	Store Status	Available in Sele ct Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per S erving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per S erving	Sodium (mg)	Sodium (mg) Pe r Serving
Turkish Bread Bacon Egg	Permanent	No	No	178	933	1664	48.9	87.2	10.5	18.8	5.2	9.3	20.3	36.3	2.7	4.8	492	878

Turkish Bread Sausage Egg

Ingredients: Turkish Roll (Water, **Wheat** Flour [contains Vitamin B (Thiamin) and Folic Acid], Iodised Salt, Baco (Vegetable Oil and Fats contains 471, 476), Soft Improver (contains 481), Sugar, Yeast, **Sesame** Seeds (White and Black), Nigella Seeds), Sausage Patty (Meat (96%) [Pork, Beef], Water, **Soy** Protein, Salt, Spices, Herbs, Sugar, Dextrose, Yeast Extract, Dehydrated Vegetable, Vegetable Oil), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice), Butter Clarified (**Milk** Fat), **Eggs** (**Egg**))

Contains: Wheat, Eggs, Milk, Sesame, Soy

May be present: Added Sulphites

Description	Store Status	Available in Sele ct Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per S erving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per S erving	Sodium (mg)	Sodium (mg) Pe r Serving
Turkish Bread Sausage Egg	Permanent	No	No	200	1,018	2040	46.9	94	12.9	25.9	6	12	18.1	36.2	2.4	4.8	397	796

Turkish Bread Sausage Egg Double

Ingredients: Sausage Patty (Meat (96%) [Pork, Beef], Water, **Soy** Protein, Salt, Spices, Herbs, Sugar, Dextrose, Yeast Extract, Dehydrated Vegetable, Vegetable Oil), Turkish Roll (Water, **Wheat** Flour [contains Vitamin B (Thiamin) and Folic Acid], Iodised Salt, Baco (Vegetable Oil and Fats contains 471, 476), Soft Improver (contains 481), Sugar, Yeast, **Sesame** Seeds (White and Black), Nigella Seeds), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice), Butter Clarified (**Milk** Fat), **Eggs** (**Egg**))

Contains: Wheat, Eggs, Milk, Sesame, Soy

May be present: Added Sulphites

Description	Store Status	Available in Sele ct Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per S erving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per S erving	Sodium (mg)	Sodium (mg) Pe r Serving
Turkish Bread Sausage Egg Double	Permanent	No	No	254	1,064	2699	41.9	107	14.9	37.8	6.8	17.4	14.5	36.9	2.1	5.3	429	1088

Wrap Mega Brekky

Ingredients: Beef Patty 5" (Beef 100%), Hash Brown (Potatoes, Vegetable Oil (Contains one or more of the following: Canola, Palm, **Soybean**, Sunflower), Salt, Raising Agent (450), Dextrose, Spice Extract), Tortilla (**Wheat** Flour ((66%), Thiamine, Folic Acid), Water, Vegetable Shortening (Antioxidant (307b)), Sugar, Baking Powder (Mineral Salts (450, 500, 341)), Acidity Regulator (297), Mineral Salt (500), Preservative (282), Iodized Salt, Yeast), Sausage Patty (Meat (96%) [Pork, Beef], Water, **Soy** Protein, Salt, Spices, Herbs, Sugar, Dextrose, Yeast Extract, Dehydrated Vegetable, Vegetable Oil), Bacon (Pork, Water, Cure (Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)), Wood Smoke), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice), **Eggs** (**Egg**))

Contains: Wheat (Gluten), Eggs, Milk, Soy

May be present: Added Sulphites, Fish

Description	Store Status	Available in Sele ct Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per S erving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per S erving	Sodium (mg)	Sodium (mg) Pe r Serving
Wrap Mega Brekky	Permanent	No	No	371	1,063	3939	33.3	124	15.9	58.9	6.2	23.2	13	48.3	1.9	7.1	431	1599

Wrap BBQ Brekky

Ingredients: Hash Brown (Potatoes, Vegetable Oil (Contains one or more of the following: Canola, Palm, **Soybean**, Sunflower), Salt, Raising Agent (450), Dextrose, Spice Extract), Tortilla (**Wheat** Flour ((66%), Thiamine, Folic Acid), Water, Vegetable Shortening (Antioxidant (307b)), Sugar, Baking Powder (Mineral Salts (450, 500, 341)), Acidity Regulator (297), Mineral Salt (500), Preservative (282), Iodized Salt, Yeast), Sausage Patty (Meat (96%) [Pork, Beef], Water, **Soy** Protein, Salt, Spices, Herbs, Sugar, Dextrose, Yeast Extract, Dehydrated Vegetable, Vegetable Oil), Bacon (Pork, Water, Cure (Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)), Wood Smoke), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), **Eggs** (**Egg**))

Contains: Wheat (Gluten), Eggs, Milk, Soy

May be present: Added Sulphites

Description	Store Status	Available in Sele ct Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per S erving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per S erving	Sodium (mg)	Sodium (mg) Pe r Serving
Wrap BBQ Brekky	Permanent	No	No	260	1,010	2629	37.5	97.5	13.8	35.9	4.5	11.8	18.1	47.2	2.5	6.5	448	1167

Wrap Big BBQ Brekky

Ingredients: Hash Brown (Potatoes, Vegetable Oil (Contains one or more of the following: Canola, Palm, **Soybean**, Sunflower), Salt, Raising Agent (450), Dextrose, Spice Extract), Tortilla (**Wheat** Flour ((66%), Thiamine, Folic Acid), Water, Vegetable Shortening (Antioxidant (307b)), Sugar, Baking Powder (Mineral Salts (450, 500, 341)), Acidity Regulator (297), Mineral Salt (500), Preservative (282), Iodized Salt, Yeast), Beef Patty 4" (Beef

(100%)), Bacon (Pork, Water, Cure (Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)), Wood Smoke), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice), Cheese SOS (Cheese (Cows Milk, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat Milk Solids (Cow's Milk), Milk Solids (Cow's Milk), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Eggs (Egg)

Contains: Wheat (Gluten), Eggs, Milk, Soy

May be present: Added Sulphites

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Wrap Big BBQ Brekky	Permanent	No	No	252	1,012	2553	37.8	95.5	13.8	34.8	4.8	12.1	18.7	47.2	2.5	6.4	418	1055

Jack's Brekky Roll

Ingredients: Bun Brioche (Wheat Flour, Water, Canola Oil, Sugar, Bakers Yeast, Wheat Gluten, Modified Potato Starch (1420), Iodised Salt, Soy Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Wheat Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (Wheat)), Sausage Patty (Meat (96%) [Pork, Beef], Water, Soy Protein, Salt, Spices, Herbs, Sugar, Dextrose, Yeast Extract, Dehydrated Vegetable, Vegetable Oil), Bacon (Pork, Water, Cure (Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)), Wood Smoke), Cheese Natural (Milk, Salt, Starter Culture, Rennet), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice), Butter Clarified (Milk Fat), Eggs (Egg)

Contains: Wheat (Gluten), Eggs, Milk, Soy

May be present: Added Sulphites, Sesame

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Brekky Roll	Permanent	No	No	235	1,052	2472	43.4	103	15.7	36.9	6.7	15.7	13	30.6	3	7.2	445	1045

Toastie Ham Cheese Tomato

Ingredients: Bread Toast Slice (Unbleached Wheat Flour, Water, Baker's Yeast, Modified Tapioca Starch (1412), Wheat Fibre, Wheat Gluten, Vinegar, Iodised Salt, Vegetable Gum (412), Canola Oil, Soy Flour, Vegetable Emulsifiers (472e, 481, 471), Minerals (Iron, Zinc), Vitamins (Vitamin E, Niacin, Vitamin B6, Thiamin, Folic Acid)), Tomato Slice (Tomato), Ham Sliced Country (Pork, Cure (Salt, Sugar, Mineral Salts (450, 451), Dextrose (Maize or Tapioca), Antioxidant (316), Preservative (250)), Acidity Regulators (326, 262), Water, Modified Starch (1442 Maize or Tapioca), Vegetable Gum (407), Wood Smoke), Cheese Natural (Milk, Salt, Starter Culture, Rennet), Butter Clarified (Milk Fat)

Contains: Wheat, Milk

May be present: Sesame, Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Toastie Ham Cheese Tomato	Permanent	Yes	No	146	835	1216	10.6	15.5	8.6	12.5	4.8	7.1	19.5	28.4	1.7	2.6	469	683

Toastie Ham Cheese

Ingredients: Bread Toast Slice (Unbleached Wheat Flour, Water, Baker's Yeast, Modified Tapioca Starch (1412), Wheat Fibre, Wheat Gluten, Vinegar, Iodised Salt, Vegetable Gum (412), Canola Oil, Soy Flour, Vegetable Emulsifiers (472e, 481, 471), Minerals (Iron, Zinc), Vitamins (Vitamin E, Niacin, Vitamin B6, Thiamin, Folic Acid)), Ham Sliced Country (Pork, Cure (Salt, Sugar, Mineral Salts (450, 451), Dextrose (Maize or Tapioca), Antioxidant (316), Preservative (250)), Acidity Regulators (326, 262), Water, Modified Starch (1442 Maize or Tapioca), Vegetable Gum (407), Wood Smoke), Cheese Natural (Milk, Salt, Starter Culture, Rennet), Butter Clarified (Milk Fat)

Contains: Wheat, Milk

May be present: Sesame, Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Toastie Ham Cheese	Permanent	Yes	No	118	1,017	1195	13.1	15.5	10.6	12.5	6	7.1	23.4	27.6	1.6	1.9	580	682

Toastie Cheese

Ingredients: Bread Toast Slice (Unbleached Wheat Flour, Water, Baker's Yeast, Modified Tapioca Starch (1412), Wheat Fibre, Wheat Gluten, Vinegar, Iodised Salt, Vegetable Gum (412), Canola Oil, Soy Flour, Vegetable Emulsifiers (472e, 481, 471), Minerals (Iron, Zinc), Vitamins (Vitamin E, Niacin, Vitamin B6, Thiamin, Folic Acid)), Cheese Natural (Milk, Salt, Starter Culture, Rennet), Butter Clarified (Milk Fat)

Contains: Wheat, Milk

May be present: Sesame, Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Toastie Cheese	Permanent	Yes	No	93	1,175	1087	12.1	11.3	11.9	11.1	7.1	6.6	29.1	27	1.7	1.6	445	412

Hash Brown

Ingredients: Hash Brown (Potatoes, Vegetable Oil (Contains one or more of the following: Canola, Palm, Soybean, Sunflower), Salt, Raising Agent (450), Dextrose, Spice Extract)

Contains: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Hash Brown	Permanent	No	Yes	58	1,180	685	2.4	1.4	18.9	11	2.1	1.3	26.1	15.2	0.5	0.3	419	244

Pancakes

Ingredients: Syrup Maple Flavoured Sachet (Sugar, Water, Natural Flavour, Stabiliser (466), Colour (150a), Preservative (202), Acidity Regulators (330, 500), Salt), Butter Portion (Butter (min. 45%) (Milk), Water, Canola Oil (min. 22%), Salt, Preservative (202), Vitamin A and D), Pancake (Wheat Flour, Water, Sugar, Canola Oil, Non-Fat Milk Solids (2%), Acidity Regulator (575), Whole Egg Powder (15%), Wheat Starch, Raising Agent (500), Salt, Preservatives (202,234), Emulsifier (471), Natural Vanilla Flavour, Vitamins (Thiamin, Folic Acid)

Contains: Added Sulphites, Wheat, Eggs, Milk

May be present: Peanuts, Soy, Macadamia

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Pancakes	Permanent	No	Yes	147	1,103	1623	4.7	7	7.9	11.7	1.9	2.8	43.8	64.5	22.3	32.8	276	406